

American Heart Association – Hands-Only CPR

RUN TIME: 1 MINUTE, 51 SECONDS

[A group of friends plays charades in a living room. All of a sudden, the man acting out the movie title grips his chest and falls to the floor. The Bee Gees' song "Stayin' Alive," begins to play, and two young women run down the hallway to assist the fallen man. One dials 9-1-1, the other begins administering chest compressions.]

[The music stops. Sound of a record being scratched.]

KEN: Has this ever happened to you? A harmless game of charades based on film titles turning into a sudden cardiac event? Bam! Shiclockey! No? What? You think you're better than me? Well it happens, alright. It's a real life situation! Got my daughters here – Call 9-1-1, Push Hard and Fast – okay? Focus!

And yes, the beat of "Stayin' Alive" really works. Shimon!

["Stayin' Alive" begins playing again in the background, while Ken dances. Paramedics arrive and take over chest compressions.]

KEN: Disco can save lives. Yes, disco! Huh? Check it out – whatdya think? What?

[Ken dances.]

KEN: Dance par-tay!

[Everyone dances to "Stayin' Alive."]

[2 Steps to Save a Life: 1, Call 9-1-1. 2, Push hard and fast in the center of the chest. Push to the beat of the class song, "Stayin' Alive."]